



# ACTIVITY BOOK





#### **PREP TIME**

20 minutes

#### MAKES 1

### YOU WILL NEED

1 sheet of white A4 card Some felt tip pens Glue stick Scissors Pencil

Why not make a friend or family member a card this Christmas? Knowing that someone has taken the time to make a card makes it extra special. Whilst you make this fun card, why not cut out some extra hand shapes so you can make the Christmas Wreath on the next page?

- 1. Fold the sheet of card in half and draw around your hand, making sure that your little finger and side of your hand is lined up with the crease of the card, and bottom of your hand is across the bottom. Cut the shape out.
- 2. Cut the hand shape out, being careful not to cut where it is folded in half, as this will be the fold of the card.
- **3.** Colour in little hats and scarves for your snowmen fingers and cut them out too. Stick them in place.
- **4.** Draw little faces on your snowmen. Finally, draw three dots under the scarf that represent buttons for clothes.





#### **PREP TIME**

45 minutes

#### MAKES 1

## YOU WILL NEED

Pencil

Coloured paper (green and red work well)

Scissors

Glue stick

Sequins or glitter (optional)

Ribbon (optional)

Using just your hand and a few craft materials, have a go at creating your very own Christmas wreath. When you've finished, hang your wreath on your door or wall to brighten up your room this Advent!

- Draw around your hand on coloured paper or card lots of times (it will depend on your hand size as to how many hand shapes you will need)
- 2. Ask an adult for help to cut your hand shapes out. Overlap them so they form a circular shape, then glue the pieces together. Leave them to dry completely.
- 3. If you would like to add some berry shapes, cut out small circles from red paper, or colour some white circles with a red pen. Stick them onto your wreath with glue and leave to dry.
- **4.** If you want to hang your Christmas tree up, ask an adult to punch a hole at the top, thread a piece of Christmas ribbon through and tie a knot. Alternatively you can wrap the ribbon around your wreath.

#### To make it extra special

Why not try adding glitter or sequins for tinsel decoration?





## **PREP TIME**

15 minutes

## **YOU WILL NEED**

A roll of brown/kraft wrapping paper Paints A large baking potato A sharp knife

Make your own Christmas paper to wrap up your presents this year! You will need help from an adult to carve out your chosen shape on your potato.

- 1. Ask an adult to slice a little bit off the potato lengthways to create a large surface area to cut out your shape, then get them to carve out your shape. They can make a template on paper if they find it easier.
- 2. Pour out some paint in a shallow dish and carefully dab your potato into the paint, ensuring that the shape has a good coating of paint on it. Roll out your brown paper (you may find it helpful to use a couple of heavy objects to keep it in place.)
- **3.** Now you can dab your potato over the brown paper to create your pattern.
- **4.** Wait for the paper to dry fully (might be as long as an hour) and then carefully use to wrap presents for your loved ones!

To make it extra special

Why not make matching gift tags too?





### **PREP TIME**

10 minutes

#### MAKES 1

### YOU WILL NEED

Shaving foam

PVA glue

Mixing bowl or pot for the paint

Paintbrush

Dark coloured paper

Different coloured paper or foam to decorate your snowman

**PUFFY SNOW PAINT** 

Create your own snowy scene using this fun puffy paint recipe! Simply dab a good amount of the paint on your paper and once dry it will have this lovely puffy effect. The paint doesn't dry very quickly, so you have plenty of time to stick your decorations on.

- **1.** Mix half a cup of shaving foam and half a cup of PVA glue together in a bowl.
- Cut out shapes you need for your snowman's nose/hat/coat or snowy scene decorations. If you don't have any coloured paper or foam, you can always colour the shapes in.
- **3.** Using a paintbrush paint your snowman picture onto dark paper. A dabbing motion works best.
- **4.** When you've finished painting, stick on your snowman's eyes, nose and other decotrations.
- 5. Leave to dry for an hour.

#### To make it extra special

You could add some glitter to the paint mixture to make it extra Christmassy.





#### **PREP TIME**

15 minutes

toothpicks

### YOU WILL NEED

White marshmallows (3 per snowman)
Matchmakers chocolates
Orange and black icing pens
Mini chocolate chips
Squirty cream
Hot chocolate
Wooden skewers (4 inches) or long

On a cold winter's night, snuggle up under a blanket, pop on your favourite festive film and enjoy this delicious (and very cute) marshmallow snowman in your hot chocolate!

#### To make it extra special

Make our indulgent hot chocolate recipe to go with your marshmallow snowman!

- 1. Slide 3 marshmallows on your skewer to create a snowman and ask an adult to cut off the pointy end of the stick.
- 2. Use another skewer to poke a hole on both sides of your snowman for his arms, 2 on the bottom for his legs and 3 holes on the front for his buttons.
- **3.** Snap a matchmaker into 1-inch pieces and poke 1 of them in each side and the bottom.

- **4.** Push 3 chocolate chips into the 3 holes for the buttons.
- 5. Using the orange icing pen, draw a carrot for the nose. Then draw on the eyes and a mouth, using the black icing pens.
- **6.** Ask an adult to pour hot chocolate into a mug, top it with squirty cream and then pop the snowman marshmallow on top.





#### **PREP TIME**

5 minutes

### **COOKING TIME**

5 minutes

### **SERVES 1**

## **INGREDIENTS**

300ml milk

70ml double cream

50g chopped chocolate plus extra for grating (optional)

Sugar to taste

Mini marshmallows (optional)

Warm yourself up on a cold winter's night with a luxury festive hot chocolate. Why not give all the dry ingredients to a friend as a Christmas gift?

- **1.** Pour the milk, double cream and chopped chocolate into a pan.
- **2.** Bring gently to the boil, whisking until smooth.
- 3. Add sugar to taste.
- **4.** Serve in individual cups or mugs topped with mini marshmallows and a little grated chocolate.











## STAR OF WONDER MINCE PIES

### **PREP TIME**

30 minutes

### **COOKING TIME**

15 minutes

#### **SERVES 12**

### **INGREDIENTS**

225g plain flour 110g cold butter, diced 80g caster sugar

2 eggs, beaten (1 egg for the pastry and 1 egg for brushing over the pies)

Milk if needed

A small jar of mincemeat

Icing sugar to decorate

Enjoy these traditional Christmas treats any time of day in this festive season! For an indulgent treat for the adults, serve warm, topped with brandy cream.

- 1. Preheat the oven to 200°C / gas mark 6.
- 2. Rub the butter and flour together, using your hands to form a large breadcrumb type texture.
- **3.** Stir the sugar into the mixture.
- **4.** Using a fork, mix in the egg and add enough milk to form a soft dough ball that leaves the bowl clean.
- **5.** Wrap the dough in cling film and chill in the fridge for 10-15 minutes.
- **6.** Flour the worksurface and roll out the pastry to a thickness of about 3mm and cut out circles measuring around 7.5cm using a pastry cutter.
- **7.** Place in lightly buttered patty tins and lightly press into the shape.

- **8.** Spoon the mincemeat into the pastry cases, careful not to overfill.
- **9.** Shape the remaining pastry into a ball and reroll. Cut out the lids in any festive shape you want.
- **10.** Place the lids on top of the mincemeat and lightly brush with some beaten egg.
- **11.** Bake in the oven for 12-15 minutes until golden brown.
- **12.** Remove from the oven and leave for a few minutes before removing from the tin and placing on a wire rack to cool.
- 13. Dust with icing sugar and enjoy!





#### **PREP TIME**

20 minutes

### **COOKING TIME**

15-20 minutes

## **MAKES 10 BISCUITS**

### **INGREDIENTS**

150g plain flour (plus extra for dusting) 100g chilled butter, cubed 50g caster sugar 120g icing sugar Water

Chocolates (M&Ms or Smarties work well) White marshmallows

Icing writing pens (black and red/orange)

## These cute little snowman puddles are a delicious Christmas tea-time treat, or as gifts!

**To make it extra special**, why not add in a strawberry lace scarf, or edible glitter dusting?

- 1. Pre-heat your oven to 170°C. Put the flour, butter and sugar into a mixing bowl and using your hands, combine the ingredients until they look like breadcrumbs. Bring it together to form a dough.
- 2. On a lightly floured surface, use a rolling pin to roll out the dough to 5mm thick. Flouring your cutter/glass, cut out circle shapes and transfer them to a lined baking tray.
- **3.** Refridgerate the biscuits for 20 minutes, before baking them in the oven for between 15-20 minutes. They should be golden brown. Leave them to cool completely.
- 4. In a small bowl, add small amounts of water into the icing sugar and stir until it forms a thick paste (should be thick enough to spread but not too runny). Paste this onto the biscuits in a puddle shape using a teaspoon.
- 5. Stick on a marshmallow head and two chocolate buttons whilst the icing is still wet. Leave to set for an hour.
- **6.** Paint on a face onto the marshmallow, and add on twig arms into the puddle using icing pens.



## **CHRISTMAS KINDNESS VOUCHERS**

Today, why not print off the following template, fill in Christmas Kindness Vouchers, and give them to your mum or dad, brother or sister, or even your teacher for Christmas! Below are some examples of what you could write:

For your parents: I will lay the table for Christmas dinner and clear the plates away.

For your brother or sister: I will happily share my toys with you on Christmas day.

For your teacher: I will help you tidy the classroom after our lessons next term.

A Christmas Kindness Voucher	I will
FOR	
FROM	
	Happy Christmas!
A Christmas Kindness Voucher	I will

FOR

Happy Christmas!



## **MAF WORDSEARCH**

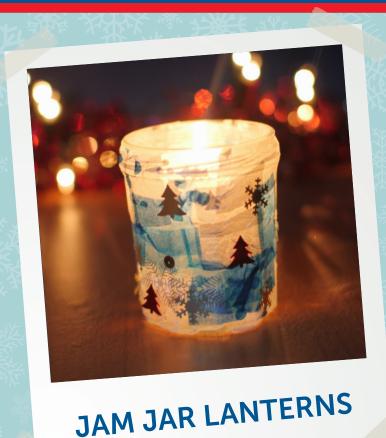
Can you find all the hidden MAF words in the grid below? Challenge your family or friends and see who can complete it first!



Bible
Cargo
Connect
Education
Fuel
Fleet
Gospel

Healing Help Hope Isolated Jesus Jungle Land Love Mechanics Medevac Mountains Pilots Plane Radio Safety Serving Teachers Technology Translation Tools





#### **PREP TIME**

30 minutes

#### MAKES 1

### **YOU WILL NEED**

Clean jam jar

Tealight candle

Long handle lighter

Tissue paper (assorted)

PVA glue

Glue spreaders

Scissors

String/ribbon

Glitter and sequins (optional)

Use colourful tissue paper, glue and decorations to jazz up old jam jars to make amazing Christmas lanterns. Give any room a special touch with these lanterns lit on the cold dark evenings this Advent!

- 1. Clean the outside of the jam jar to remove any previous label residue and dry thoroughly.
- 2. Cut tissue paper into small square pieces.
- **3.** Paste glue using the spreader onto the outside of the jam jar.
- **4.** Carefully place the pieces of tissue paper in a pattern onto the jar, smoothing the edges down as you go.
- **5.** Once you've covered it with your with tissue paper design, put a coat of PVA glue on top of the whole design to seal it.
- 6. Leave to dry completely overnight.
- **7.** Add in a tealight and get an adult to light the candle inside the jar.

#### To make it extra special

Why not try adding glitter and Christmas sequins onto the jar whilst the glue is still wet.





#### **PREP TIME**

20 minutes

## **YOU WILL NEED**

450g baking soda
Can of shaving foam
Large bowl
Wooden spoon
Lavender essential oil (optional)
Glitter (optional)

In the UK, we don't always get snow at all, let alone over the Christmas season, so why not make your own indoor snow? This snow is really easy to make with a few household items, can be moulded into different shapes, and — most importantly — it doesn't melt!

- 1. Measure out 450g of baking soda into a bowl.
- 2. Squirt a little bit of shaving foam, along with the glitter and essential oil if using, onto the baking soda and stir well. Keep adding more small squirts of shaving foam and stirring until it forms 'snow' clumps.
- **3.** Play with the snow! Try moulding it into a mini snowman! Store the snow in a container with a lid if you want to play with it again.





## **YOU WILL NEED**

Assorted pieces of Christmas wrapping paper Ruler

Scissors

A stapler or glue stick

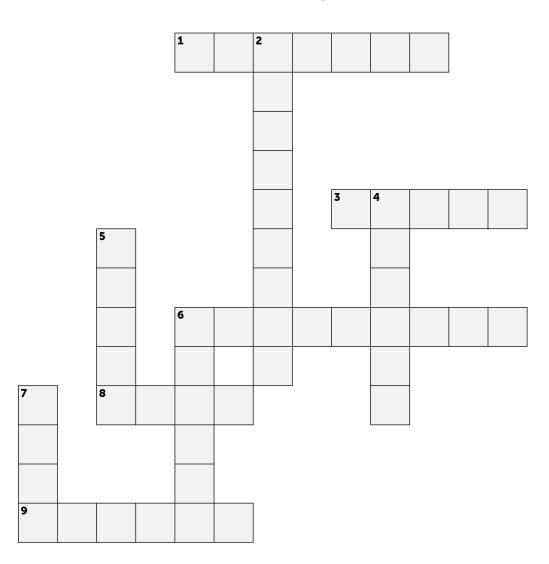
## A traditional, simple paper chain to brighten up your home this Christmas!

- 1. With the help of an adult, cut strips of Christmas wrapping paper into strips that are 3cm wide and 20cm long. You will need between 20 and 40 strips, depending on how long you want your paper chain to be.
- 2. Using either a stapler or a glue stick, stick the two ends together to form a loop with your first paper strip.
- **3.** Taking your next strip, feed it through the first loop and stick the ends together to form another loop.

- The two loops should be linked together, forming the start of your chain.
- **4.** Repeat step 3 with the rest of your paper strips, until the paper chain is as long as you want it to be.
- 5. Ask an adult to help you hang the paper chain up to decorate a wall or ceiling, or wrap it around your Christmas tree.







#### **ACROSS**

- The name of the Angel who visited Mary to tell her about her pregnancy
- A traditional Christian Christmas song
- The name for keepers of sheep
- A shining light in the sky
- A heavily pregnant Mary rode on the back of this animal on her journey

#### **DOWN**

- 2 Mary and Joseph had to go here to complete the census
- The name for the period of 24 days leading up to Christmas
- Name of the Baby who was born, also named Wonderful Counselor, Mighty God, Everlasting Father and Prince of Peace
- As there was no room at the inn, the baby was born here
- Precious metal gifted by one of the Wise Men





#### **PREP TIME**

30 minutes

## **YOU WILL NEED**

Friends and family
Sheets of plain A4 paper (2 per person)
Coloured pens and pencils
A cardboard box or empty wastepaper basket
2 small prizes and 1 big prize

Mission Aviation Fellowship is an airline that helps people in need in 26 developing countries throughout the world. Our aircraft are small so that they can fly into very remote places which often have very short airstrips, bringing help, hope and healing to the people there.

We have a little challenge for you today. Gather your friends for a little friendly competition! Have a go at making your own paper planes and flying them into a small target. There will be prizes!

- 1. Divide yourselves into 2 or 3 teams this could be mum vs dad, brother vs sister, or maybe your house groups at school.
- 2. Give each person 2 pieces of white A4 paper and fold these into paper planes. If you don't know how to make a paper plane, you can ask an adult to show you, or follow the simple instructions on the next page.
- **3.** Using coloured pens and pencils, decorate your planes there is a prize for the best decorated plane, so be as creative as you like!
- 4. Find a place where it's safe to fly the paper planes and create a competition between your teams. Maybe aim for a wastepaper basket or cardboard box. See how many paper planes your team can get in the target!
- 5. Award small prizes for the most creative plane making (even if it doesn't fly well!) and the best decorated plane, and a big prize for the winning team.



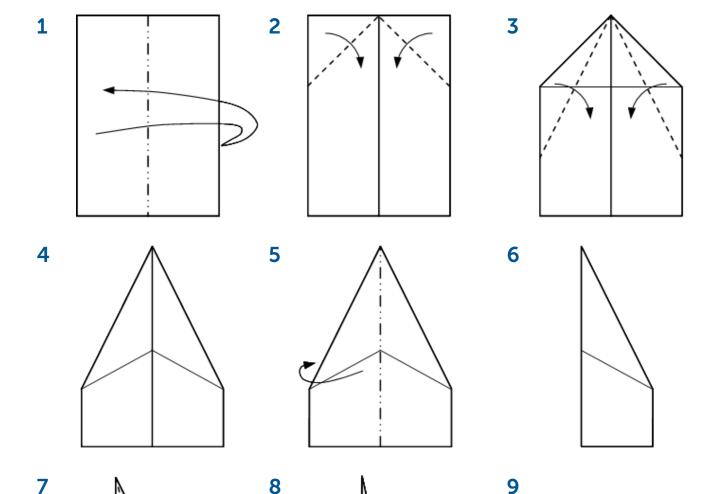
# PAPER PLANE INSTRUCTIONS

### **PREP TIME**

10 minutes

## **YOU WILL NEED**

Sheets of plain A4 paper (2 per person) Coloured pens and pencils







#### PREP TIME

10 minutes

#### MAKES 1

## **YOU WILL NEED**

White A4 paper

Pencil

Ruler

Scissors

Glitter glue and sequins (optional)

Simple, yet effective, these easy-to-make traditional snowflake decorations can liven up any window!

#### To make it extra special

Decorate with glitter glue and sequins after you've unfolded your design.

- **1.** Fold the paper to form a square, mark with a ruler and cut away excess.
- 2. Fold the paper in half, then half again.
- **3.** With the folded edges forming the centre, draw an arc to form a circle shape.
- **4.** Cut notches in the edges to form the snowflake design.
- 5. Unfold and use to decorate your windows.





#### **PREP TIME**

15-20 minutes

### YOU WILL NEED

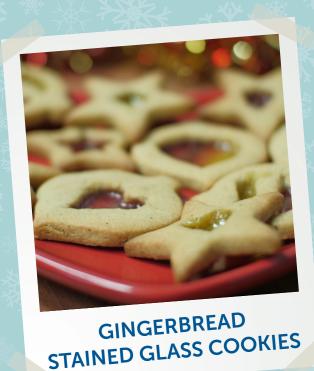
100ml PVA glue
Mixing bowl
Wooden spoon
½ tsp bicarbonate of soda
Red gel food colouring
1 tsp contact lens cleaning solution
Red and green glitter (optional)

What better way to spend a wintry afternoon than to make a batch of Christmas slime! Warning to adults, this can get messy, but is fun!

- 1. Squeeze the glue into a mixing bowl. (Remind and adult that PVA comes in 100ml bottles saves measuring it out!) Add the bicarbonate of soda and mix well into the glue.
- 2. Add 1-2 drops of the red gel food colouring to the mix. Add another drop if you want a brighter colour. Stir well, until the colour is all mixed in.
- **3.** Add the contact lens solution and mix again. The slime will start forming before your eyes! Keep mixing until it turns from being stringy

- into a slimy ball. If your slime is still too sticky, add a drop more contact lens cleaning solution and mix well.
- **4.** Take it out of the bowl and knead it with your hands. It will still be sticky to begin with, but after 30 seconds you should have a smooth and squishy slime ball. Add glitter if you want, and mix it in with your hands.
- **5.** Play with your slime! When you have finished playing, put the slime in a pot with a lid.





### **PREP TIME**

2 hours 20 minutes

### **COOKING TIME**

8-12 minutes

#### **SERVES 8-12**

### **INGREDIENTS**

50g light muscovado sugar

50g dark muscovado sugar

50g golden syrup

150g butter, roughly chopped

1 medium egg (at room temperature)

300g plain flour

1 tbsp ground ginger

1 tbsp ground mixed spice

50g hard sweets, such as glacier mints or coloured hard-boiled sweets

For a funky Christmas spin on traditional gingerbread men, try our recipe for stained-glass cookies. Super easy to make and cool to look at, these cookies are sure to go down a festive treat!

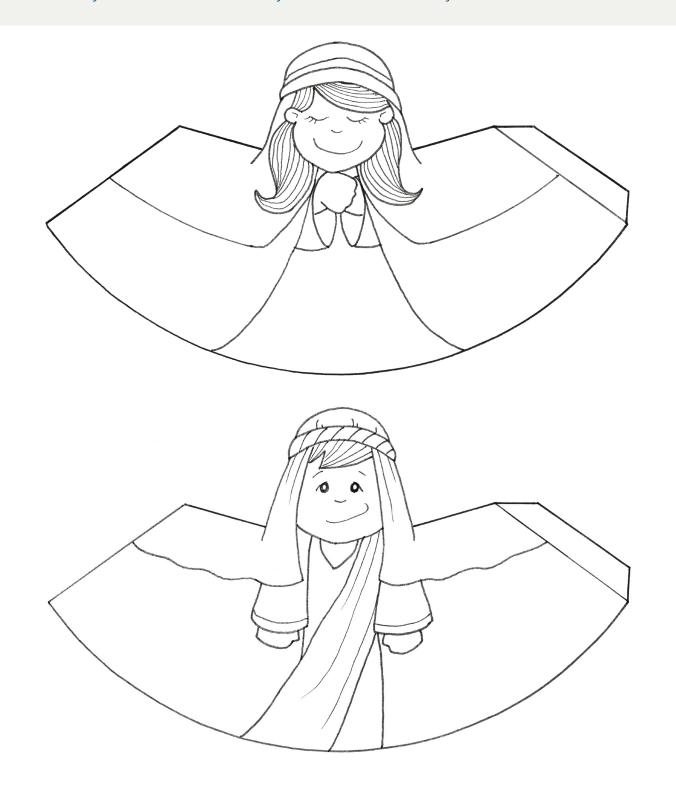
- Put the sugar, golden syrup and butter in a heavy based saucepan. Set it over a medium heat and warm, stirring occasionally, until the butter has melted and the sugar has dissolved.
- 2. Leave to cool for about 5 minutes before beating in the egg. Sift in the flour and then the spices, mixing gently after each addition, to make a soft dough.
- 3. Wrap the dough in cling film and chill for several hours to make it easier to roll out. Remove from the fridge 10-15 minutes before you want to bake them.
- **4.** Split the dough in half and roll out each piece between 2 sheets of baking paper to around 3mm thick. If the dough is too sticky, dust it with a little flour.

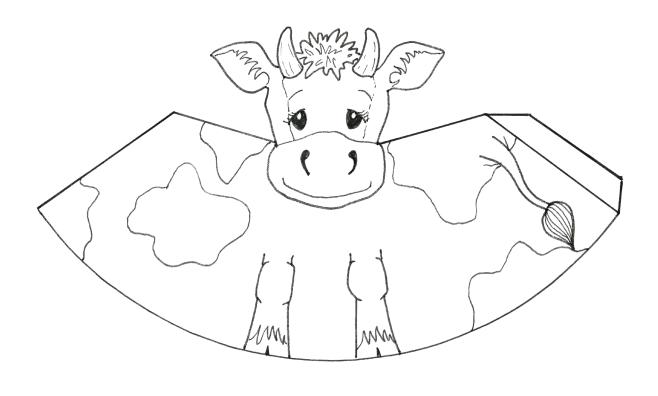
- **5.** Using cookie cutters, create the shapes you want, then cut a smaller shape from the middle of to form the gap for the stained glass window.
- **6.** Place your cookies on to baking trays covered in baking paper and refrigerate for 15 minutes.
- 7. While the biscuits are chilling, preheat the oven to 180°C / gas mark 4 and separate the boiled sweets by colour and crush them.
- **8.** Remove the biscuits from the fridge and carefully put the crushed sweets inside the holes you made earlier.
- **9.** Bake the biscuits for 8-12 minutes or until the sweets have melted and the biscuits are a deep golden brown around the edges.
- **10.** Leave to cool until your stained glass cookies have set.

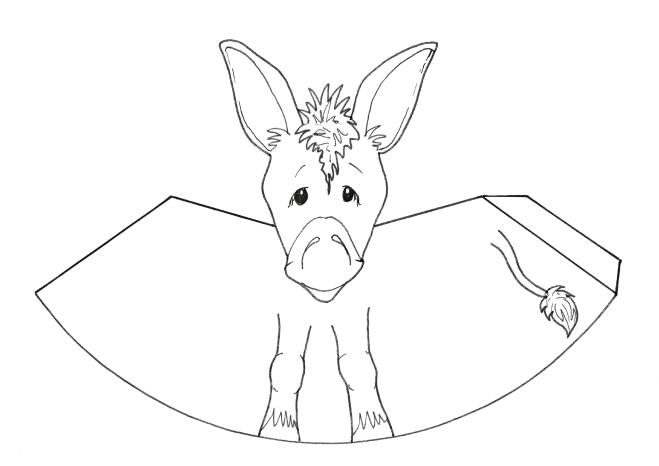


Christmas celebrates the birth of the baby Jesus to Mary and Joseph in Bethlehem. Some shepherds and wise men came to visit Jesus when He was born, because He was very special. He was the future Saviour of the world. It is traditional to use little characters to re-create the Nativity scene at Christmas.

We have made templates for you to print out and colour in, on the next few pages. Ask an adult to help you cut them out and fold them round to form little cone characters. Arrange them into your own Nativity scene at home to remind you of the Christmas story.



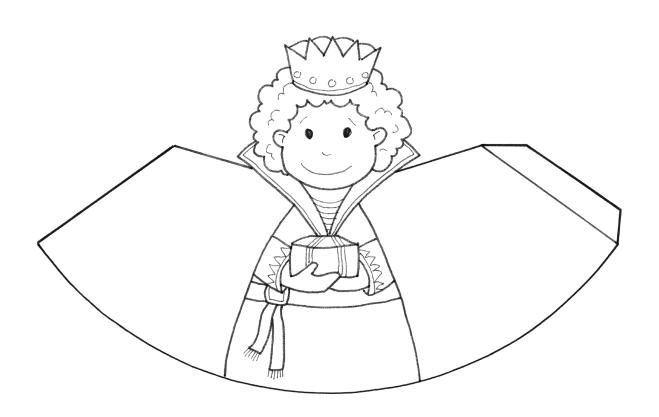


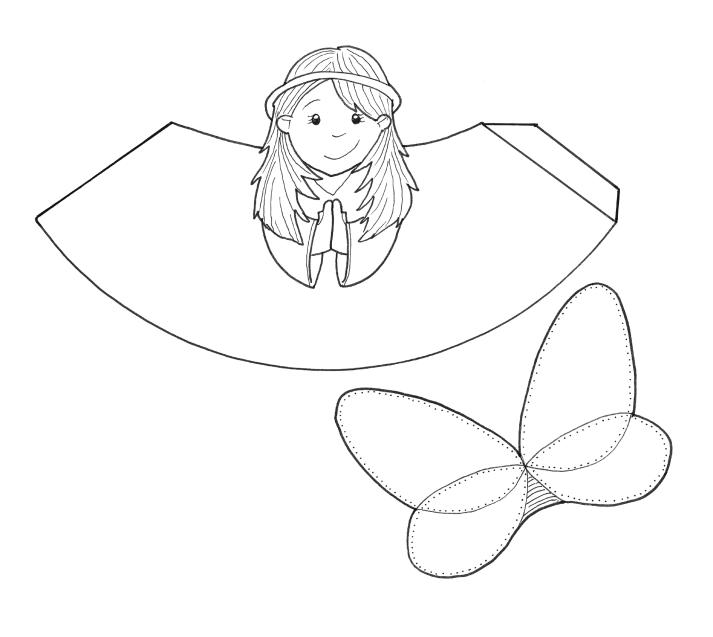


















### **PREP TIME**

30 minutes

## **YOU WILL NEED**

120g plain flour

150g salt

120ml water (or more as needed)

Baking tray

Plastic/metal drinking straw

Acrylic paints

Paintbrush

Ribbon or string

Glitter (optional)

Clear Varnish (optional)

Why not have a go at making your own finger print Christmas tree decorations out of salt dough? Your trees will be unique and beautiful and can be given away as Christmas gifts to your family members. Please supervise children using the oven.

- **1.** Add the salt to the flour in a bowl and mix together.
- Add the water and mix until it forms a dough. You may need to add more water or flour to form the right consistency, ensuring that it isn't sticky.
- **3.** On a lightly floured worktop, roll out your dough until it is approximately 1cm thick.
- 4. Using a cutter, stencil or freehand, cut out tree shapes and stars. Use the end of a straw to poke a large hole all the way through the top of the tree.
- 5. Firmly but carefully press your finger into the salt dough to make a fingerprint where baubles would hang on a tree.

- **6.** Carefully place the trees and stars on a baking tray and bake them for 2-3 hours at 125°C, until completely dry. Turn them over once during the cooking process. Leave to cool completely before decorating.
- 7. Decorate the trees and stars with paint or glitter (try using your fingerprints in the indents!). Leave them to dry completely. Varnish to make it last even longer.
- **8.** Thread the ribbon through the hole you made at the top of the tree. Tie a knot in the two ends of ribbon. Glue on the star to cover the hole, leave to dry.
- **9.** If you're giving it away as a gift, wrap the decoration in colourful tissue paper and pop it carefully in a nice box.





### **PREP TIME**

15-20 minutes

### MAKES 1

## YOU WILL NEED

White paper plate (any size)
Glitter glue (any colour)
Pipe cleaner
White paper
Colouring pencils

Scissors

A fun, easy craft activity using things you can find around the house. The angels can be decorated and personalised for that added element of creativity!

### To make it extra special

Spray paint over a paper doily onto the plate, then remove the doily to reveal a lacy pattern for the angel wings.

- 1. Carefully cut a small triangle out of a white paper plate that reaches to the middle of the plate. Put this aside for now.
- 2. Draw lines from the middle of the plate to the edges using glitter glue, forming the wings. Leave this to dry.
- **3.** From the piece of paper, cut out a circle and decorate for the angel's face and two small ovals for their hands.
- **4.** Stick these onto the triangle cut out in step 1, with the face at the pointy end and hands on the sides, forming the angel's body.
- **5.** Once the plate is dry, tape the angel's body to plate wings.
- **6.** Cut a pipe cleaner in half and bend into a halo. Flip plate over and tape onto body from the back.





## **PREP TIME**

15-20 minutes (+1.5 hours setting time)

### **MAKES 4**

## YOU WILL NEED

90g suet (any type) 180g bird food Handful of unsalted peanuts Handful of raisins Bird food holder

A fun, easy craft activity to keep the birds happy this Wintertime! Great gift for any bird loving friends or family.

### No bird food holder?

Why not mould the balls around some string, and hang them up on tree branches instead?

- 1. On a low heat, melt down the suet in a pan on the hob until it is liquid, and add to the mixture of bird seed, nuts and raisins. Stir until everything is well coated.
- 2. Leave the mixture to set in a bowl for an hour, until the suet has re-hardened.
- **3.** Scoop the mix out with a spoon and form with your hands into small balls. Leave these in the fridge for 30 minutes to set.
- **4.** Carefully fill up your empty bird food holder and hang up outside preferably away from doorways and paths where you regularly walk, to avoid scaring away the birds.





### YOU WILL NEFD

A hat, scarf and a pair of gloves A wrapped bar of chocolate A plate 2 dice A knife and a few forks

The chocolate game is fast-paced fun for all ages! Invite your friends or family round to enjoy this silly party game. But be warned, it can get competitive!

#### Rules

- 1. Everyone sits round in a circle, with the clothes in a pile in the centre, along with the wrapped chocolate bar on a plate with a knife and fork.
- 2. Give one person the dice and take it in turns to roll the dice until someone rolls a double.
- **3.** When a double is rolled, the person must put on the clothes in the middle and unwrap and cut chunks of chocolate and eat them using just the knife and fork.
- **4.** When another person rolls a double, they must take the clothes from the person in the middle, put them on and carry on cutting and eating the chocolate with the knife and fork.
- **5.** Ask an adult to change forks often for hygiene reasons. Keep going until the chocolate is all gone!

Why not try adding in sunglasses to the clothes pile to make it extra difficult?