



# MAF ADVENT ADVENTURE 2023

Finally, it was time for the three friends to begin munching on the first course of their dinner together. After pulling crackers, reading silly jokes and putting on their brightly coloured paper hats, the conversation started up again.

'This starter is really nice!' Foxtrot smiled.

'Did you know that what you're eating was made with locally grown vegetables?' Mike asked.

'Unfortunately,' he continued, 'in many parts of the world, it's really difficult to grow crops due to the harsh temperatures, lack of rainfall, rocky ground and poor soil.' 'That's right,' said Alpha, 'I remember a flight I did in Guinea in western Africa. It's a country where many people can barely grow enough food to eat. And, when bad things like bush fires happen, the poor villagers lose all their crops!'

'Who were your passengers, Alpha?' the fox asked curiously.

'They were from the USA,' Alpha replied. 'They came to help the people with agricultural projects, which meant helping the community to grow crops and improve its farming methods.'

'On the new farm they're running, the men will grow cashew nuts which they can sell to make money for their families. The staff also teach women about the importance of good nutrition, which benefits their children.'

'Five-a-day keeps the doctor away!' said Foxtrot cheekily.

Alpha laughed, then added, 'In fact, the team brought some fruit trees for the villagers to grow. Because the trees have never been grown there before, the people now have new fruit to eat.'

Foxtrot thought for a bit, then said, 'It's important to be careful about what we eat.' The others, taking another mouthful, agreed, so the fox continued. 'We're all made by God,' he said, using his right paw to point at his friends. 'That's why, in 1 Corinthians 6:19, the Bible says that our body is a "temple of the Holy Spirit".'

'So,' the fox concluded, 'we should all make it the best temple it can be by eating our fruit and vegetables!'