The three friends had almost finished their Christmas dinner and were really spending time with each other. Mike told the others how he used to enjoy hearing the Christmas story at church when he was younger.

He loved hearing about Mary and Joseph looking for somewhere to stay in Bethlehem because Mary was pregnant and the journey had been a long one. Alpha said she loved doing the nativity play at school, and that one year she even played a donkey.

'A giraffe dressing up as a donkey!' laughed Foxtrot, 'that must have looked funny!' 'I pretended I was a rare long-necked donkey!' said Alpha, laughing with her friends. 'Seriously, though, it reminds me of a flight I did in Kalimantan, Indonesia. MAF doesn't just help bring people medicine, food and equipment, but its staff encourage everyone they meet and tell them that Jesus loves them.'

'So what did you do there?' asked Mike.

'We taught Sunday School teachers how to share the Word of God with the children in their villages, so they can receive the joy of the Lord in their hearts,' explained Alpha.

'There's a lovely Bible verse in the book of John,' said Foxtrot with a smile. 'Chapter 8, verse 31-32 says, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."'

'So, those Sunday School teachers can now share Bible stories with the children in Kalimantan – just like the ones I enjoyed hearing on Sundays,' said Mike.

'That's right,' Alpha agreed, 'and because the teachers live in the villages, it's their friends and neighbours they're helping – with the children improving their reading and writing skills at the same time!'